Central Tibetan Women's Assocation

October 2, 2017

Central Tibetan Women's Association was very happy to be part of the 30th anniversary celebration of the Tibetan Nuns Project. The members of TWA Central are directing their warmest congratulations to the director Rinchen Khando La, her team members and the supporters for the remarkable achievements in spite of the challenges they faced during the past 30 years.

A powerful message from Rinchen Khando La: "If your motivation is pure and if you are focused on certain things, things happen"





October 4, 2017

The President of Central Tibetan Women's Association met with DIIR guests of Tibet and China Coordinator in Europe. The president of the association Lobsang Wangdu La and Chinese supporters of Tibet living in France and Germany, Tyng ai Meng and Kochen, as well as the Coordinator of Europe and China, Lobsang Nyima, successfully attended at the meeting.



October 4-5, 2017

Tibetan Women's Association teamed up with other NGOs in Dharamshala, Tibet Policy Institute and Tibet Museum for an overnight hiking to Triund organized by NEDs Mr. Brian and Palkyi La. TWA Central also participated in cleaning up the litters and segregating the wastes at Triund peak area with the Waste Warrior team. It was indeed a warrior like hike up to Triund. TWA is thanking NED and other NGOs for a memorable moment.



October 13, 2017

Tibetan Women's Association from 39 Regional Chapters, the Central Executive, Former Presidents and Executive Members of TWA gathered at Tsuklakhang to confer an award to express our sincere gratitude to His Holiness the great 14th Dalai Lama.

It was a great day for the members of the Tibetan Women's Association for having received this golden opportunity of getting a blessing from His Holiness the Dalai Lama.









TWA wishes His Holiness good health and a long life!

October 13, 2017

The Communist Party of China was preparing for their 19th Party Congress, scheduled to begin on October 18, 2017. A joint statement was arranged by five major NGO's based in Dharamshala in protest of the 19th Party Congress and Xi-Jinping's oppressive rule in Tibet.



October 24-27, 2017

OPERATION GROUNDSWELL

Tibetan Women's Association successfully coordinated yet another Education Excursion for a group of Operation Groundswell students from 24th to 27th October 2017.

Day 1- The first day of the program started by visiting and getting an introduction to various NGOs around Dharamsala led by Ms. Dawa Dolma, Environment Officer, TWA along with the OG group leaders Maverick and Kelsey. First session of the day was with Tibetan Youth Congress followed by Tibetan Women's Association, Lha Charitable Trust, and International Tibet Network and finally Students for a Free Tibet-India. All the NGOs gave one hour duration to brief about one's organization followed by Q&A session. As usual, the group had their lunch at Soup Kitchen from Lha Charitable Trust.





Day 2- On the second day, the group visited Gu Chu Sum Movement and then met with Ms. Tenzin Dawa La, English Researcher from the Tibetan Centre for Human Rights and Democracy to talk about Human Rights Violation inside Tibet. This was followed by a brief visitation to Tibetan Parliament-in-Exile. Students then had an informative session at Tibet Policy Institute with their Environment officer Mr. Tempa Gyaltsen La and Deputy Director Mr. Tenzin Lekshey La, talking about the Critical environmental situation inside Tibet and its global impacts, detailed explanation about TPI, how Central Tibetan Administration works and also about the different Departments under it.





Day 3- The third day began from Tibetan Nun's Project, Dolmaling where Mrs. Tsering Diki La first toured the group in and around the nunnery and then the Director, Mrs. Rinchen Khando La warmly welcomed them talking about how Tibetans along with His Holiness fled into exile, how dedicated and honest Tibetans were and how Tibetan Nuns Project, Dolmaling was formed and how it is successfully running now. The group then toured around the museum and craft centres at Norbulingka Institute. The afternoon session was with Ms. Tenzin Choezin La, the Head Consultant at Tibetan Career Centre talking about the Gender Equality in Tibetan Diaspora.





Day 3- The last day of the Operation Groundswell tour, the group went to Mr. Tenzin Tsundue La's residence to listen to him about Patriotism, Writing and how powerful Tibetans are practicing peace, compassion and non-violence. The afternoon session consisted in a half day workshop about Conflict Resolution led by Mrs. Sonam Dechen La, the Associate Director of Tibetan Centre for Conflict Resolution.





November 4, 2017

We at Tibetan Women's Association are happy to inform our members that this year we have witnessed six nuns from different nunneries receiving the 2nd batch Geshema Degree from the minister of Department of Religion and Culture. It is a great feeling seeing the nuns are getting empowered.





November 8, 2017

TWA shared a warm session with Australia Tibet Council (ATC) group who visited the office led by Mr. Paul Bourke. President Mrs. Dolma Yangchen La shared how

Tibetan Women's Association was formed back in 1959 under the Chinese repressive invasion, how it was re-established after coming into exile and about our present regional chapters. She also talked about TWA's firm stand on Middle Way Approach, Various projects initiated by TWA including Stitches of Tibet, establishment of Tibetan Nuns Project Dolmaling and TWA's sincere quest for Tibetan Women's empowerment.

She explained briefly about the daily Central TWA work system and concerned executive and staff desks. The session was wrapped up with a Q&A session followed by a scarf offering to each member of the group.



November 14, 2017

TWA Central and SFT-India jointly organized a successful awareness program about the impact of Tibet's climate change of the rest of the world. Tibetan Women's Association collaborated with Students for a Free Tibet India to organize a climate action for Tibet also known as "Third Pole" for the ongoing UN COP23 summit in Bonn Germany.





The 23rd annual "Conference of the Parties" (COP) under the UN Framework Convention on Climate Change (UNFCCC) has been seeing more than 15,000 participants from all over the world and was in meeting from 6-17 November. The participants were there to discuss climate change. Tibet, the source to 10 major rivers of Asia, estimated 1.3 billion people are depending on the rivers originating from Tibet. However, the unending series of hydropower, mining projects and deforestation in Tibet has seen exponential destruction of Tibet's fragile eco system thereby retreating of Tibet's glaciers and degradation of permafrost.

With this event we were able to create awareness about the destructions of Tibet's ecosystem under the Chinese's deteriorating acts in Tibet, especially on the rivers originating from Tibet and the threat that it imposes on downstream countries as a result of dam construction. The Tibetan people and Tibet's fragile environment deserve a voice at the UN COP23 summit, and we want the UN to take urgent climate action for Tibet: The Roof of the World.

December 3, 2017

On the 10th month of the Tibetan calendar, the TWA celebrated Pahle Ritroe on Tsewa Choenga by offering Lhugta and Sangsol. The celebration took place near the Gallu Temple Ri.





December 10, 2017

TWA have since long ago been observing the important day of World Human Rights Day and made efforts to draw attention of the world leaders and the United Nations to bring awareness to China's Human Rights violations against the peace loving people of Tibet under the most oppressive rule of the Communist Party of China. To mark this day TWA arranged a protest in front of the U.N. Embassy in Delhi against the severe human rights vi-

olations happening in Tibet. In the afternoon, to reach out to as many people as possible, the executive members along with the staff of TWA further went to India Gate to spread pamphlets with information about the global





significance of the Tibetan rivers.

At the same time, this day also marked the occasion of the 28th Anniversary of Conferment of Nobel Peace Prize to His Holiness the Dalai Lama, the global icon of peace, which means a joyful celebration for the Tibetans across the world. His Holiness is the champion of Tibetan women's rights and empowerment in exile. May His Holiness live long to see a free Tibet. May your love, peace, compassion and wisdom spread across the Globe to benefit all sentient beings.

December 11, 2017



On the following day three of the board members went back to the U.N. Embassy with an appealing letter about China's oppression of the Tibetan people in Tibet. In the afternoon the executive members and staff of the Tibetan Women's Association went around the public places of Delhi to continue the task of distributing pamphlets about the global significance of the Tibetan rivers and how

China chokes India and downstream nation's water sources by constructing dams and hydropower projects to divert Tibet's rivers to China. This was made mainly to provide awareness to the general mass about the harmful excavations undergoing in Tibet by China, resulting in severe pollution and destruction to the great rivers of Tibet, which is the only source of fresh water for its downstream nations.



December 14, 2017

This morning TWA's President Dolma Yangchen La joined four other Tibetan NGOs to have an interaction session with over fifty odd students and professors from Department of Politics and Public Administration of Madras University led by Tibet Policy Institute and International Tibet Networks. In the second session at TWA office, the President met more than 16 students from the University of Denver, USA who were interested in Tibetan issues and particularly Tibetan Women's Association's role in the Tibetan community. At the end of the session the visitors expressed their happiness of having gained so much new knowledge about the Tibetan Issues.





January 11, 2018

This morning a group of Students and faculties from Community College of Allegheny County (CCAC) Pittsburgh, Pennsylvania, USA visited Tibetan Women's Association's office to have an informal interactive session with us. It was our great pleasure to introduce them about our organization; how it was formed in 1959, how it was re-established in exile, our approaches, programs and projects, Tibet before and after invasion and about Tibetan environment.





January 19, 2018

Members of TWA Central sadly took farewell of James, the Regional Director of South Asia, Operation Groundswell who's been a long term partner of TWA. At the same time, we were happy to welcome Ms. Adhila Hassan, the new Regional Director of South Asia OG and Ms. Norzin Dolma as the new South Asia Regional Administrator. We're looking forward to having a meaningful connection with them in the near future. We wish them all the very best and success along their respective paths.







January 27, 2018



¬WA Central congratulated Dr Yeshi Dhonden who received the prestigious Padmashri award conferred by the government of India, for distinguished service to the public in the form of medicine. Dr Yeshi Dhonden is a Buddhist monk and a medical practitioner of Tibet's cultural medical knowledge. He was also His Holiness the Dalai Lama's personal physician for about twenty years as well as both Director and prin-

cipal of the Tibetan Medical and Astrological Institute (TMAI) until 1979. Referred to as one of the foremost Tibetan doctors of the world, he has successfully treated patients with all kinds of ailments at his present Clinic located at McLeod Ganj, Dharamshala.

March 8, 2018

On 8th March Tibetan Women's Association both Regional and Central celebrated International Women's Day by setting up an activity which involves everyone who was around McLeod Ganj. International Women's Day is a global celebration observed since a century ago and it is a day of a unity, celebration, reflection, advocacy and action.





March 10, 2018

On the 10th March 2018, Tibetan Women's Association collaborated with four other Tibetan NGOs in Dharamshala – Tibetan Youth Congress, Students for a Tibet-India, Gu-Chu-Sum Movement for Tibet and National Democratic Party to mark the 59th Tibetan National Uprising Day by organizing a Peace March from Dalai Lama's Temple to Kachari police ground.







Tibetan Uprising Day, observed on March 10, commemorates the 1959 Tibetan uprising against the presence of the People's Republic of China in Tibet. The failure of the armed rebellion ultimately resulted in a violent crackdown on Tibetan independence movements, and the flight of the Dalai Lama into exile. Chinese started their invasion from 1949 in the name of liberating Tibetan masses and this so-called liberation of masses resulted in taking away our country completely with the series of mass killings, detentions, destructions of Tibetan monasteries and restrictions of basic rights for Tibetans.

March 12, 2018



Tibetan Women's Association both Central and Regional commemorated the 59th Anniversary of Tibetan Women's Uprising Day by arranging an official function at Tibetan Martyrs Pillar, McLeod Ganj with the presence of special guest Mrs. Rinchen Khando Choegyal, Director of Tibetan Nun's Project, Mrs. Ngawang Lhamo, Director Nyingtop Ling, chief guest Mrs. Sonam Dolkar, Ex Ed-



ucation Director of TCV, and a few hundred women including school children and nuns. The function was followed by a peaceful procession from the temple to Kachari, lower Dharamshala to spread awareness about what happened on 12th March 1959.

The Tibetan Women's Uprising Day remembers the 12th March 1959

women's event in front of the Potala Palace in Lhasa, where thousands of women demanded the Chinese invaders to leave Tibet. The protest was violently suppressed, and many Tibetan women lost their lives that day. Unable to bear the brutal occupation of their land by military forces, women in Tibet bravely



formed their resistant group called Tibetan Women's Association at Tibet's capital to peacefully resist the Chinese annexation of Tibet; thousands of brave Tibetan women gave up their precious lives for the just cause of Tibet and its people. With their sacrifice as the inspiration to look up to, we are determined to strive to fulfil their cherished dream of freedom for the people of Tibet.

March 14, 2018

On 14th March, 2018 the five major Tibetan Non-governmental Organizations (Tibetan Women's Association, Tibetan Youth Congress, Gu-Chu-Sum Movement for Tibet, Students for a Free Tibet-India and National Democratic Party of Tibet) from Dharamshala organized a major program to commemorate the Mass Uprising by the Tibetan people against Chinese regime in 2008 at Parliament Street







in New Delhi.

The Speakers for the occasion were Shri Vijay Kranti Ji who is a Journalist and Director of Doordarshan and Smt. Madhu Kishwar, Professor and Indian Feminist. Over 150 to 200 people participated in the event.



March 14, 2018

On International Day of Action for Rivers a team from Tibetan Women's Association Central along with Waste Warriors group organized a clean-up drive in and around the Bhagsu waterfall area. International Day of Action for Rivers is a day to lift our voices to

Celebrate the world's rivers and those who struggle to protect them. It is also a day to educate one another about the threats facing our rivers and learn about better water and energy solutions. On this day our aim is to raise our voice against destructive water devel-



opment project, reclaim the health of our watersheds and demand equitable and sustainable management of our rivers.





IT IS OUR COLLECTIVE AND INDIVIDUAL RESPONSIBILITY TO PRESERVE AND TEND TO THE ENVIRONMENT IN WHICH WE ALL LIVE :DALAI LAMA



THE POPULATION GROWTH

Inder this project, one that TWA gives priority is the "Tibetan Population Growth Project." Due to the continuous killings of Tibetans inside Tibet by Chinese authority and the decreasing number of Tibetan population in exile, it is causing anxiety to the Tibetan leadership. In order to keep the Tibetan ethnic alive, financial support is necessary to encourage the Tibetans to have bigger families. Therefore, TWA is focusing on raising funds to support the Tibetan Population Growth Project with the aim to produce more productive human resources.



So far, the above project has been going on for the past two years with the kind financial support from Tibetan Welfare Association of Seven Families in Swizerland and the latest sponsor for the same project is Mr. Tseten Gawa from Kathmandu. TWA thank both.

TWA welcomes any individual or group who would like to support this cause may contact following email.

CONTACT OFFICER AT: tibwomen@gmail.com

SELF-IMMOLATIONS FACTS

TWA pays tribute to the brave souls who self-immolated themselves to protest against the Chinese occupation and decades of oppression to crackdown the Tibetan. TWA publishes an updated Fact sheet in its every quarterly magazine "VOICE" to pay the homage.

- 153 Tibetans have self-immolated in Tibet and China since February 27, 2009. A Rinpoche and his niece, died in a fire according to information from the Tibetan government in exile and Woeser, this may have been a self-immolation that was later erroneously described as a house fire.
- Out of the 153, 125 were men and 28 women
- 122 of the 153 are known to have died following their protest
- 26 of the Tibetans who self-immolated were 18 or under
- 13 of the 153 were monks at Kirti monastery in Ngaba
- 11 of the 153 are former monks at Kirti monastery in Ngaba (It is currently unknown who of the nine chose to disrobe, or were expelled from the monastery by government authorities)
- Two of the 153 were nuns from Mame Dechen Chokorling nunnery in Ngaba
- 152 of the self-immolations have occurred since March 16, 2011
- 10 self-immolations by Tibetans have occurred in exile



RTWA ITALY

CONVENTION OF THE NONVIOLENT RADICAL PARTY TRANSNATION-AL TRANSPARTY 27 – 29 October 2017, Rome



In October 2017 TWA's outstation executive Ms. Dechen Dolker participated when the Nonviolent Radical Party Transnational Transparty organized a mobilization for the universality of human rights, the right to know and the nonviolent fight against extermination due to hunger, thirst, war and poverty. The event took place in Rome with political leaders and individuals from twenty countries participating. During the convention different topics related to the fundamental principles of the rule of law were debated. Issues on the agenda included violations of human rights (in particular against minorities), oppressed peoples and nations without representation in the world. Freedom of religion or belief, justice and nonviolence as a political tool was also discussed.





5TH INTERNATIONAL MARCH FOR FREEDOM OF MINORITIES AND OP-PRESSED PEOPLE

On October 21, 2017 a march was organized by the Community of Minorities and Oppressed People in exile, The Liberal Culture Association Now Free, Radicali Italiani (Italian Radicals), Nessuno Tocchi Caino (Hands Off Cains), Partito Radicale Transnazionale (Transnational Radical Party) and Transpartito (Transparty) to call for freedom, rights and self-determination of the people. The march took place in Rome starting from Piazza Mazzini, as well as in Paris starting from the Statue de la Liberté Pont de Grenelle. TWA's outstation executive Ms. Dechen Dolker participated successfully in the march.









In celebration of the Tibetan New Year, RTWA Italy went to pay greetings to the Indian Embassy in Italy in company with Gyudmey Khensur Lobsang Pendhe La.

March 1, 2018

RTWA Italy organized an informative session with four classes of teenagers at the Esopo School, Pulcini. Mrs. Dechen Dolker gave a talk on the Human Rights situation in Tibet, while Gyudmey Kensur Gyeshe Lobsang Phendyla gave an introduction to Buddhism. The students showed a great interest and dedication to the two topics discussed. The event was successfully wrapped up by giving thanks to Professor Giuliana Castelli.





March 3, 2018

A dinner was organized by RTWA Italy to reach out their gratefulness to Professor Giuliana Castelli for the solidarity and the donations to the Tibetan students.



March 12, 2018

Dechen la got this rare opportunity to participate in a Radio talk show where she talked about Tibetan National Women's Uprising in year 1959 at Tibet and she also pleaded the Tibet Support groups to offer a minimum three candle lights for those Tibetan Martyrs who sacrificed their precious life for Tibet cause.

March 17, and 18, 2018

On 17th and 18th March, Dechen la attended Non-violent Radical party meeting about Human right at Rome city. Different countries and around 150 people were present there. She got a good chance to talk about lack of Human Rights in Tibet.









"ANY TIME WOMEN COME TOGETHER WITH A COLLECTIVE INTENTION, IT'S A POWERFUL THING..."

PHYLICIA RASHAD

RTWA BHANDRA

March 12, 2018

To commemorate the 59th Tibetan Women's Uprising day RTWA Bhandra organized a function at Thekchen Choeling monastery starting at 9 am with the presence of chief guest; the settlement officer, local parliamentarians, Freedom Movement, NGOs, Cooperative Society and a represent of the monastery. The chief guest settlement officer and the local assembly president gave speeches. The president of RTWA Bhandra also read the 59th Tibetan Women's Uprising Day statements issued by Central Tibetan Women's Association. In the evening a candle light vigil was arranged in solidarity with the thousands of women that sacrificed their life in 1959.

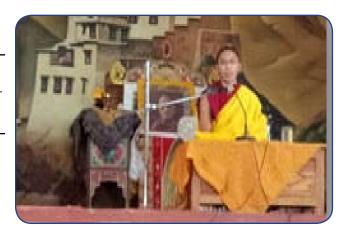




RTWA BYLAKUPPE

November 10, 2017

 ${
m R}^{\scriptscriptstyle {
m TWA~Bylakupee}}$ organized "Lhabhab" festival.



November 11, 2017

The Regional chapter Bylakuppe went to visit Mr. Chungchungeri maha Swamy ji at Mysore to appealed him about keeping one MBBS medical seat for the Tibetan students with Settlement Officer for a period of five years. He assured them to think about the concerned reservation seat under their name.





December 3, 2017

RTWA Bylakuppe celebrated Pal-Lhamo day by offering prayers, Sangsol and flags.







December 10, 2017

 ${\bf R}^{{
m TWA}}$ Bylakuppe organized a peaceful protest at Mysore against the Human Rights restrictions in Tibet.





December, 12 2017

Members of RTWA Bylakuppe were busy engaging for the preparation of welcoming H.H 14th Dalai Lama.



December 19, 2017



All Indo-Tibet Friendship Association members got a good opportunity to be an audience with His Holiness the 14th Dalai Lama and IGP Vipul Kumar.

January 12, 2018



 $R^{ ext{TWA Bylakuppe organized an awareness program on AIDS on world AIDS day.}}$

January 31, 2018

Two executive members of RTWA Bylakuppe went to receive and welcome Tibet supporter, Royal Mysore walk group at Mysore.



February 3, 2018

RTWA Bylakuppe donated sum of Rupees 58910.00 to the lady who is mentally and economically unwell.





February 6, 2018



 $R^{ ext{TWA Bylakuppe}}$ attended a NGO's meeting at S.P.Office Mysore for women and child welfare.



February 17, 2018

Annual lottery was drawn on 2nd day of Losar.



February 23, 2018



RTWA Bylakuppe welcomed Human Rights Association and its member from Italy.

March 10, 2018



 \mathbf{M} embers of RTWA Bylakuppe participated in the 59th Tibetan National Uprising Day at Mysore.

March 12, 2018



RTWA Bylakuppe organized a peaceful protest rally at Mysore on the 59th Tibetan Women Uprising Day.



RTWA DELHI

December 1, 2017



RTWA Delhi organized a candle light vigil to pay solidarity to Pawo Tengha Lak who had succumbed to self-immolation in the Eastern Kadze region of Tibet on the 26th of November 2017. Pawo Tengha is one of many Tibetans that have sacrified their lives as a protest against the Chinese government's systematic repression of Tibetan culture, religion and language.

December 3, 2017

RTWA Delhi arranged a celebration in honour of Pel-Lhamo day near Majnu Ka Tilla Gonpa. Pel-Lhamo day is a celebration of the female identity and form by offering prayers to Pel Lha Drag Mo. The festival was initially celebrated in Lhasa with start around the 12th century. It's origination in Lhasa is owed to Pel Lha Drag Mo being the main protectoress of Tibet's oldest and most revered temple, Jowo Tsuglagkhang2.



December 10, 2017



The 28th Anniversary of Nobel Peace Prize Award to His Holiness the Dalai Lama was celebrated at Samyeling. All of the statements were translated into Tibetan, Hindi and English to be accessible to media as well as all of the guests. RTWA Delhi extended their heartiest regards by selecting one family in the list of population growth and highlighted the importance of population growth in our Tibetan community. The woman in the photo

was awarded with the cash prize of 15,000 rupees (fifteen thousand) by the chief guest.

December 15, 2017



Two executives from RTWA Delhi visited their area MCD Councillors with an appealing letter to draw attention on environmental tidiness issues in the Yamuna area. A huge MCD dustbin was placed in the area with the aim of reducing littering.

December 26, 2017

RTWA Delhi organized a candle light vigil to pay solidarity to martyr Konpe Lak, a 30-year-old who passed away on the 24th of December due to self-immolation. This took place close to the site of the first self-immolation in Tibet that happened eight years ago.

January 12, 2018



The three executives from RTWA Delhi initiated a noble task in distributing warm winter clothes to people in need, with hope that they will get some relief from the cold winter weather. RTWA Delhi felt proud having initiated such a generous task for the welfare of the ones in need.

January 18, 2018

Between 3:00 pm to 4.30 pm, RTWA Delhi attended a prayer meeting held in Guru Singh Sabha Gurudwara located at Greater Kailash, for the departed soul of Dr. Band Kishore Trikha, a distinguished journalist and long-time friend and supporter of the Tibetan cause. He had his last breath at AIIMS hospital on the 15th of January 2018. May His soul rest in peace and power. Heartfelt condolences to his grieved family members, may they have the strength to bear his loss. Our Tibetan president as well as C.T.A staff also attended the prayer meeting to give condolences to his family members.



January 19, 2018

RTWA Delhi once again initiated a social service in the form of providing warm winter clothes to people in need staying near the area of Majnu Ka Tilla's Gurudwara. Blankets, jackets and shoes gathered from their own households were distributed. RTWA Delhi wishes to be able to carry on with the noble task of distributing clothes in the future.





March 12, 2018

This year 12th March Tibetan National Women's 59th Uprising Day was commemorated at Parliament Street. There RTWA Delhi had a gathering to pay solidarity to those brave women who had sacrificed their life in year 1959 on the same day.

On 12th March in the evening at 5.30 pm, they organized a candle light vigil to pay solidarity to Pawo Tsekho La who had self immolated on 7th March and also to late Mrs. Tsering Dolma Gyalthong Nyilak who passed away on 5th March 2018. She was an active TWA Central executive from the first batch of 1984.









An election was held at temple ground for the selection of new executives for the 12th term in Delhi with the presence of settlement's Residents Welfare President, Freedom Movement President, Electoral board member, and an Ex. Soldiers President.











On 28th march 2018, Wednesday, they had an oath ceremony by newly elected executives of 12th term took place at temple ground. An oath taking was conducted by settlement's President of Tibetan Freedom Movement. Our colony resident's welfare President had given nice speech regarding initiatives through social services.





RTWA Delhi's newly elected President accompanied by two previous term executives visited New Delhi domestic airport at 7pm to welcome a group of "Pragyatri" who came for a peace march starting from 17th March till 28th march, 2018 to pay tribute to His Holiness the 14th Dalai Lama on his 60 years of life in exile India. The group was led by Shri. R.K Khirmey, the National Convener of core group for Tibetans cause.







"IN OUR STRUGGLE FOR FREEDOM, TRUTH IS THE ONLY WEAPON WE POSSESS."

- DALAI LAMA

RTWA DHARAMSHALA

December 3, 2017



R TWA Dhasa organized a celebration of Pel-Lhamo day near the main market temple. Tea was offered to all the vendors nearby.

March 8, 2018



"When women support each other, incredible things happen." On the morning of 8th March 2018, Rtwa Dharamsala celebrated "International Women's Day" at the main square. International Women's Day is a global celebration observed since a century ago and it is the day of unity, celebration, reflection, advocacy and action. International Women's Day is not responsible of one sole group alone. It belongs to all groups collectively everywhere. It's not a country, group or an organisation in



specific. It is for everyone who applauds, appreciates and inspires the works, status and achievements of women all over the world. Unite to end violence against women. Together, we must make 2018 the year that marks the beginning of the gender equality.





R twa Dharamsala has organized a Candle light vigil for martyr Tsekho La (44), a father of two daughters, from Meruma Township in Ngaba country, Sichuan province, who self-immolated around 5pm at Meru, on 7th March 2018.







March 12, 2018



Rtwa Dharamsala marked the 59th Tibetan Women's Uprising Day by leading the general mass for a peace march from the Martyr Pillar to Kachar chowk. On reaching Kachari, they had their exclusive program with the presence of Chief Guest Mrs. Ngawang Lhamo la former General Secretary of TWA Central joined by general masses and students. They concluded the program at 12 noon.







RTWA DUNDUPLING

March 8, 2018



On International Women's Day RTWA of Dundupling, Dekyling, Rajpur, Tsering Dhonden, Dharawali and Herbertpur were invited to participate in a two-wheeler rally that was part of a program organized by Centre Director of Pacific Mall. RTWA Dundupling par-

ticipated with much enthusiasm. The participants wore traditional

Costume & the president of RTWA of Doon Valley came in green uniform. During the event the members of RTWA Dundupling shared a traditional dance performance and the participants were honoured by Certificate.



March 10, 2018

RTWA Dundupling organized a peace march to mark the 59th Tibetan National Uprising Day. The chief guests during the occasion were Shri Nilam Sygal Ji who is a member of BJP and Shri Prakash Devi Jai Ji, a supporter of the Tibetan cause.

In the evening members from Bharat Tibet Sahyog Manch of Uttrakhand arrived in Dundupling and RTWA had the opportunity to welcome them to RTWA-Dhondupling's Hall to share a good interaction and promote the Indo-Tibetan relationship. Candles were also lit to pay tribute to the Tibetan Martyrs who sacrificed their lives to protest against the Chinese repression in Tibet.





RTWA GANGTOK

December 10, 2017



A celebration was arranged by the RTWA Gangtok at Namnag-Cholsum-Kyiduk hall to mark the 28th anniversary of the Nobel Peace Prize awarded to His Holiness the Dalai Lama. During the event members from the RTWA Gangtok successfully performed two kinds of traditional Tibetan dance.

March 8, 2018

The members of RTWA Gangtok celebrated International Women's Day gathering at the park near the White Hall.



March 12, 2018



RTWA Gangtok organized a program to mark the 59th National Tibetan Women's Uprising Day held in Sera Jey Dolpey Gonpa hall, with the presence of the chief guest Shera-Jhe Khen-Rinpoche. During the program

the President of RTWA Gangtok read the 59th National

Tibetan Women's Uprising Day statements issued by Central Tibetan Women's Association. The program was followed by an hour-long prayer in solidarity with the thousands of Tibetan women who were brutally killed in Lhasa, 1959.



RTWA HUNSUR

December 3, 2017

RTWA Hunsur celebrated the occasion of Pal-Lhamo day at Gyutoe monastery by offering prayers.

December 10, 2017



In celebration of the 28th Anniversary of the Nobel Peace Prize awarded to H.H the Dalai Lama, RTWA Hunsur gave 15,000 rupees (fifty thousand) to the father named Wangyal and mother named Jampa Yudon. The couple have five children, who are college students. The couple



directed their gratitude towards Tibetan Women's Association for the contribution. To mark the 69th International Human Rights Day some members went, along with RTWA Kollegal and RTWA Bylakuppe, to a press conference in Mysore where they appealed to the deputy commissioner to highlight the lack of human rights Tibet.

March 8, 2018



A candle light vigil was held by RTWA Hunsur in J village ground, with prayers and offering of butter lamp to show solidarity with the great soul of Tsekho La, who sacrificed his life for the Tibetan cause. He came from the area of Amdo Ngaba, was at the age of 44 and had two children. A prayer was also held for Tsering Dolma La (Gyethong Nyila), the former president of TWA Central.

March 10, 2018





On this day, RTWA Hunsur along with RTWA Kollegal and RTWA Bylakuppee organized a demonstration in Mysore to commemorate the 59th Tibetan National Uprising day.

March 12, 2018

To mark the 59th Tibetan National Women's Uprising day, the regional chapters of Hunsur, Kollegal and Bylakuppee again arranged a demonstration to show solidarity to the thousands of brave Tibetan sisters who sacrificed their life on this day in Lhasa 1959.



RTWA KALIMPONG

November 5, 2017



Mr. Sandesh Mishra started cycling from Bodhgaya to Nathula pass all by himself to call for the freedom of Tibet. RTWA Kalimpong along with the local community of Kalimpong welcomed him at Mani Lhakhang. RTWA Kalimpong is extending their warmest thanks to him for his support of the Tibetan cause.

December 3, 2017

In honour of martyr Tenga La who self-immolated for the Tibetan cause on the 3rd of December 2017, RTWA Kalimpong organized a prayer at Mani Lhakhang prayer.



"MAY THESE GREAT MARTE AND OF THE

December 25, 2017

RTWA Kalimpong organized a candle light vigil from Mani Lhakhang to the main market for martyr Konpe Lak, who also self-immolated in protest of the Chinese occupation of Tibet. Mani was collected, and 100 butter lamps offered to pray for his soul to rest in peace.

March 12, 2018



R twa Kalimpong commemorated the 59th Tibetan Women's Uprising day with the official program beginning from 8:30 am with Sangsol followed by gath-

ering mani lhakang in the presence



of Chief guests as Welfare Officer, CST Rector, the president of Tibet Freedom Movement, president of three provinces and joined by representatives from monasteries, CS and ITBCI's students, teachers and general masses of Kalimpong.



They initially sang the Tibetan national anthem followed by Tibetan Women's song and then they observed a moment of silence for those martyrs who sacrifice their precious human life for Tibet cause. The president read the statement. In the

evening, they couldn't organize the candle light vigil that they planned prior due to heavy rainfall and so, everyone gathered at mani lhakang and offered butter lamp and prayers in the presence monks. They also posted posters all over the town.



RTWA KATHMANDU

Tibetan Women's Welfare Group Kathmandu Old Age Home Rebuilding Project

Election of the 10th Tibetan Women's Welfare Group (TWWG) was held on April 22, 2015 and formal handing over from the 9th TWWG to the 10th TWWG was held on May 20, 2015 amidst continuous major aftershocks of Gorkha earthquake. The eight dedicated members from different backgrounds voluntarily agreed to save, serve and prosper Old Age Home, Swayambhu.





The Gorkha earthquake occurred on the 25th of April 2015 and caused a huge catastrophe beyond what was imaginable. Due to sloppy landscape the buildings of Old Age Home Swayambhu was severely damaged. After conducting thorough assessment by related engineers and in consultation with Snow Lion Foundation, TWWG decided to demolish the damaged structures and rebuild a new one.

Proposals for Old Age Home Rebuild-

ing Project were sent to more than 12 donor institutions as well as individual donors. TWWG members also conducted door-to-door donations collection among Tibetan communities and Nepalese friends.



Planning of the new structure was made according to the need to provide an adequate accommodation facility to the 26 elderly people, 4 staff as well as a dining hall. Foundation stone laying work was done on the 2nd of July 2016, starting with related prayers by Kusholas from Samtenling Gonpa and in the presence of Kungoe Dhonchoe and donors.



Since the construction work started during monsoon season, several unexpected challenges appeared, like the high risk of mudslide from different parts of the construction site. As per request of TWWG to The Tibet Fund (TTF), Miss Katrina Edwards had arranged NSET engineers to commission quality and workmanship checking throughout the construction phase, which provided assurance for quality work-

manship and materials. In spite

of all the stressful environment of open spaces being occupied by construction materials, the cheerful smiles of the elderly people did not fade as they could see that a safer and better home for them was being built and they continued to pray for the donors and TWWG members. Their positive attitude and behaviour was a source of inspiration during the building process.



By the blessings of His Holiness and with generous support from the donors, the task of build-



ing the house was finally completed in April 2017. The inauguration ceremony was held on April the 19th. The newly built East bloc consists of 13 rooms, 4 toilets, 2 shower rooms and a big dining hall, which is very much essential for the elderly people.

Today, 24 elderly people have returned to the new building. They express that they feel very safe and comfortable because they have seen how the building was built. They pray every day for a long life of His Holiness the Dalai Lama and for the kind and generous donors.







A case story of a couple



Mr. Thupten Chompel came from Tibet in 1959 and served in the Tibetan army in India. He did some light job in India after his retirement and joined Old Age Home in 2000 when he was unable to sustain his livelihood. Mrs. Dolkar's husband past away quite young and her two daughters got married, but their husbands were earning very little. She didn't want to be a burden on them, so she had to join Old Age Home 2004. Today, these two people are happily living together as a couple in the new building. After the earthquake, they lived in the Old Age Home clinic. They express their joy of living comfortably in the new building and enjoying the dining facility.

As of today, The Old Age Home project is still very much active and running, with the variety of daily activities for the elders at the Old Age Home, Swayambhu. Central TWA really appreciates your extraordinary effort and dedication for providing such a beautiful and comfortable shelter for these old people at their last period of life. So please accept our sincere appreciation and wish you all the best.

RTWA KOLLEGAL

December 3, 2017



150 participants attended when RTWA Kollegal organized Monlam and Mani at their community hall in solidarity with Tenga La, who self-immolated in Tibetan area of Kham on the 26th of November 2017 for the freedom of Tibet. Tenga was a popular Tibetan monk in his sixties.



March 9, 2018

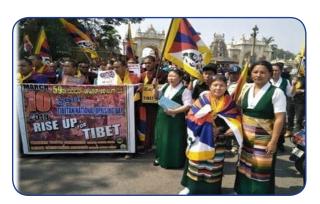
Dhondeling TYK along with TWA organized a offering of butter lamp (Mangcha) and gathered the public at Dhondeling Dhungdrup for the great soul of Pawo Tsekho La, who sacrificed his life for the Tibet cause.



March 10, 2018

Along with RTWA Bylakuppee and RTWA Hunsur, RTWA Kollegal arranged a peaceful procession in the city of Mysore, to mark the 59th Tibetan National Uprising day.

March 12, 2018



when many thousands of Tibetan women lost their precious life for participating in a peaceful protest against the Chinese repression in Tibet.

The tree regional chapters of Hunsur, Bylakuppee and Kollegal jointly organized a demonstration to commemorate what happened in Lhasa 1959,



December 10, 2017



ed with the prize of 15,000 rupees (fifteen thousand) each, which was handed out through the President of the local Assembly. Some of the RTWA Kollegal board members went to Mysore for press conference, along with RTWA Hunsur and RTWA Bylakuppe. Moreover, this day also marked the 69th International Human Rights Day and so they appealed to the deputy commissioner about the severe human rights violations happening in Tibet.

RTWA Kollegal organized a celebration of the 28th Nobel Peace Prize day at their settlement. Two families, the father Tsering Dorjee and the mother Yangchen Metok in house no. 14 as well as the father Sonam Dorjee and the mother Tenzin Dolma in house no. 3, were selected in the list of population growth. The families were award-



RTWA MANALI

March 12, 2018



National Uprising day, with the presence of the Chief guest; the local assembly of the Tibetan settlement, Freedom Movement and a gathering of people from the local community. The program was followed by a peace

At 11 am RTWA Manali arranged a program by the Community Hall to commemorate the 59th Tibetan Women's



procession to the main market. In the evening a candle light vigil was held from the Community Hall to the main market.

RTWA ODISHA

September 24, 2017

RTWA Odisha celebrated old age day by arranging a program at an old age home where the elders were invited to sing and dance. The program was greatly appreciated by the participants. The settlement officer and local assembly officer were invited.

December 10, 2017



A celebration was organized by RTWA Odisha to mark the 28th year since the Nobel Peace Prize was received by His Holiness the Dalai Lama. The RTWA Odisha selected one family and gave 15,000 rupees (fifteen thousand) to five students of father Tsering Choezom camp no 4, house no 35. The present was given by our Tibetan Settlement officer.

RTWA NAINITAL

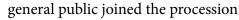
December 27, 2017

Two board members from RTWA Nainital attended when Uttarakhand women gathered in Haldoni to bring attention to women's rights and supportive.

March 12, 2018

Rtwa Nanital marked the 59th Anniversary of Tibetan National Women's Uprising by organizing a

program at Malithal at 9 am. Their Secretary read the statement sent from TWA Central. After the program, they followed up with a peaceful protest march from Malithal to Talithal. Many Gomang monks and









RTWA ONTARIO

October 7, 2017



RTWA Ontario held their annual fundraising event "Bollywood Dancy Party" to raise much needed funds to support their activities. The event was successful and well attended.

October 11, 2017

RTWA Ontario donated \$500 to Jampaling Old Age Home.



October 12, 2017



RTWA Ontario donated \$500 to Ngoenga School managed by CTA Health Department.

October 13, 2017

Two representatives from RTWA Ontario attended the historic Jamtse Lobpon Award to His Holiness the Dalai Lama. The representatives met and discussed important issues with representatives from around the globe.



November 19, 2017



Executive members went to Toronto airport to receive CTA Sikyong. There were many other leaders and members of the community who came to the airport to give a warm welcome to Sikyong.

November 29, 2017

RTWA Ontario held an Introductory Embroidery Workshop where participants were given the opportunity to learn the basics of embroidery and make their own Tashi Takgye symbols.



December 4, 2017



RTWA Ontario co-organized a rally out of the office to urge Canada's Foreign Affairs Minister in Toronto to stand up for Tibet and to call on Canada's Prime Minister Justin Trudeau to talk Tibet before trade during his visit to China.

December 9, 2017



RTWA Ontario held the annual Pelha Ritoe celebrations with prayers lead by monks followed by an Annual General Meeting. New executive member election was also held.



December 16, 2017

On the occasion of 28th Anniversary of Nobel Peace Prize Award, the RTWA Ontario President along with other leaders of the community participated in the procession to welcome the portrait of His Holiness the Dalai Lama. The Canadian Tibetan Association of Ontario offered scarf to thank the outgoing executive team for their service and to welcome the incoming executive team. The outgoing executive team performed a cultural dance to mark the occasion.



December 26, 2017



RTWA Ontario co-hosted a prayer session in honour of martyr Konpe Lak who self-immolated on the 24th of December 2017.

December 27, 2017

RTWA Ontario hosted a book launch of Old Demons, New Deities: A 21 Short Stories of Tibet by Tenzin Dickie.

January 6, 2018

RTWA Ontario held a meeting and dinner with community leaders to introduce the new team.

January 21, 2018

MPP Cheri DiNovo retired from public office after 11 years of service. RTWA Ontario along with Students for a Free Tibet and Canadian Tibetan Association of Ontario organized a dinner to show their appreciation to Cheri for her support for the Tibetan cause.



February 3, 2018



RTWA Ontario along with Regional Tibetan Youth Congress hosted Shabrim, for the long life of His Holiness the 14th Dalai Lama. The prayer took place at Kargyue monastery with 43 participants.

February 10, 2018

RTWA Ontario visited Gethong Nyila (former President of TWA Central) as she was admitted in Mount Sinai hospital.

February 17, 2018

 ${f R}^{\rm TWA}$ Ontario celebrated the annual fundraising Valentine event at Lithuanian Hall. The event was successful and included communal activities such as cooking meals, traditional dance, games and activities followed by a dance party. The Association is giving thanks to a great team who made the event possible.



February 24, 2018

Along with Chitue Pemala and representatives from other organizations RTWA Ontario participated in a meeting with the Members of Parliament Arif Virani, James Maloney and Sven Spengeman.

Chitue Pemala also met with the Tibetan community in Toronto and discussed different concerns.



Gyaltong Tsering Dolma's Funeral

RTWA Ontario was honour to support the funeral service for the Late Gyaltong Tsering Dolma la. At the family's request, they provided tea and snacks for the service. TWAO President Tashi Chhoedon la was able to





share a few words on the impact Gyaltong Amala had on the Tibetan Women Association and read the statement forwarded by the TWA Central.

March 10, 2018

59th National Uprising Day

The March 10th National Uprising day is organized by the Joint Committee of Toronto, comprising of Canadian Tibetan Association of Ontario (CTAO), Tibetan Women's Association of Ontario, Students for Free Tibet, Regional Tibetan Youth Congress (RTYC) and Chushi Gangdruk Society of Canada.

The March began at Parkdale Collegiate Institute at 8:30

AM with the national an-

them and opening remarks and proceeded to Nathan Phillips Square where the main program took place. The guest speakers included Gloria Fung (activist, President of Canada-Hong Kong link), Bhutila Karphoche (candidate for Member of Provincial Party for the NDP national party). As Arif Virani Member of Parliament of the Liberal Party was out of town, his statement on March 10 was read. The rally ended with March to the Chinese Consulate.





Tibetan Women's Uprising Day

59th Tibetan Women's Uprising Day was commemorated as a day of reflection. The event commenced with the reading of statements from the TWA Central. Half-an -hour monlam and a moment of silent was held to reflect and pray for the martyrs who have lost their lives for the Tibetan cause. A tribute was paid to the life and legacy of the Late Gyaltong Tsering Dolma through a short presentation. Though we were unable

to screen Women of Tibet: A Quiet Revolution due to

technical difficulties, we were able to dedicate much of the time by having group discussions. The attendees were divided into several groups to discuss the role of women in our society and the challenges we face. Some of the women were able to share their experiences of life in Tibet and the struggle in exile. We also had extended discourse on the future of Tibetan women and the expectation we have of ourselves and by the Tibetan and Canadian society. Most importantly, we were able to gleam into the expectation the Tibetan community has of TWAO.





RTWA PAONTA

March 12, 2018



officer and a gathering of people from the public. The RTWA Paonta President read statements issued by Central TWA and gave a speech about the importance of 12th March for our Tibetan struggle. The occasion was covered by the local media.

A t 07.00 am RTWA Paonta went from Paonta to Puruwala, where a program was started at 8 o'clock by the settlement. They brought four tractors and a jeep with photos of H.H the Dalai Lama and Mahatma Ghandi attached to the front of the cars. The program was continued back at the Paonta settlement at 10.30 am with the presence of the chief guest; the deputy speaker of the local assembly, the special guest; the society president, the settlement





"BE AS FEARLESS AS THE WOMAN WHOSE STORIES YOU APPLAUDED!"

- HILLARY CLINTON

RTWA SHILLONG

December 3, 2017

RTWA Shillong arranged a celebration in honour of Pal-Lhamo day by offering prayers and making Sangsol. The celebration came about at the Gadha Choeling Monastery.

December 10, 2017



To mark the 28th year of Nobel Peace Prize day RTWA Shillong organized a celebration at Gadha Choeling Monastery from 8:00 am to 4:30 pm. The occasion was wrapped up with a cultural dance show performed by the members of RTWA Shillong.

March 12, 2018

RTWA Shillong marked 59th Tibetan Women's Uprising day at their Gadhen Choeling monastery. The Chief Guest for the function was Khen Rinpoche and he has given a very inspirational speech about the Tibetan martyrs who sacrificed their life for Tibet and Tibetan people. The president read statement and many local assembly



joined the function as well. The



program was followed by a peace march from Gadhen Choeling monastery till Jhalupara point. Many people joined the peace march regardless of gender and monks from Gadhen choeling monastery joined as well.

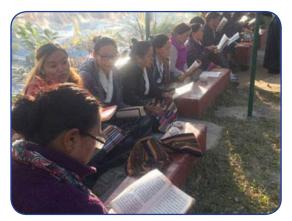






RTWA TASHI PALKHIEL

December 3, 2017



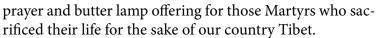
TWA Tashi Palkhiel celebrated Pal-Lhamo day at Thenga Ri by offering flags, prayers and Sangsol. During the event, bread and tea was distributed to the public. The program was wrapped up by a Tibetan circular dance performance (Gorshey).

March 12, 2018

RTWA Tashi Palkhiel had a morning Sangsol at their stupa followed by a gathering in the communi-



ty hall. After lunch, had









RTWA TENZIN KHANG

March 8, 2018

RTWA Tenzin Khang organized a candle light vigil and a prayer, as well as offered butter lamps for

Tsekho La, who tragically self-immolated to protest against the loss of right to education and religious freedom in Tibet. He was a father of two children who came from the Amdo Ngaba area. A prayer was also held for the former president of TWA, Tsering Dolma (Gyethong Nyi La).

March 10, 2018

RTWA Tenzin Khang helped an organization with organizing a program to mark the 59th Tibetan National Uprising Day. In the evening, a candle light vigil was held from 5-7 pm from Gyutoe Monastery to main market, in solidarity with the thousands of Tibetan people killed under Chinese rule during the uprising in 1959.

March 12, 2018

At 7 am the members of RTWA Tenzin Khang offered Sangsol for the long life of His Holiness the 14th Dalai Lama. This was followed by a program to mark the 59th Tibetan National Women's Uprising day, which started at 9 am in the community hall with a gather-

ing of students and the public.

RTWA TSERING DHONDEN

March 8, 2018

A candle light vigil was arranged to show solidarity to Tsekho La, who self-immolated calling for the right to education and freedom of religion in Tibet. He was at the age of 44 and had two children and came from the area of Amdo Ngaba. On the same day, a prayer was made for Mrs Tsering Dolma La (Gyethong Nyila), former president of Tibetan Women's Association. RTWA collected mani and offered butter lamp for him at the local stupa.



March 12, 2018



RTWA Tsering Dhonden marked the 59th National Tibetan Women's Uprising Day with a program starting from 9 am at Tibetan Market Dehradun. The invited chief guest were Shri Gurjeet Singh and Ajay Sharma, both

Tibetan supporters, along with five Indian female sup-

porters and eight male supporters. Among the participants were our local assembly, representative from the monastery, the former president of RTWA and people from the local community. The chief guest gave a speech about having the courage to stand up for the Tibet cause until the day Tibet becomes free. The President of RTWA



Tsering Dhonden also read the 59th National Tibetan Women's Uprising Day statements issued by Central Tibetan Women's Association.

RTWA TSO PEMA

November 17, 2017



RTWA TsoPema participated in the celebration of the 70th Independence Day of India, the event took place in Balchokki.

November 26, 2017

RTWA TsoPema along with Development Group organized a blood donation in support of those in need of blood at Zonel hospital. Milk, egg and juice were distributed to the blood donors during the occasion.



December 1, 2017



To highlight the importance of caring for our environment, RTWA TsoPema arranged a clean-up of the Utse Changchupling from 9:00 am to 1:00 pm.

December 8, 2017

A candle light vigil was organized by RTWA TsoPema from Tso market to Guru Padma Tso circle to

pay solidarity to Pawo Tengha Lak who had succumbed to self-immolation at the Eastern Kadze region of Tibet on the 26th of November 17.

December 10, 2017

RTWA TsoPema along with the Tibetan settlement celebrated the occasion of the 28th year



since conferment of Nobel Peace Prize to His Holiness the Dalai Lama.

March 8, 2018

Rtwa Tso Pema attended International Women's day celebration with Indian women.



March 12, 2018



RTWA Tso Pema commemorated the 59th Tibetan Women's Uprising Day. They had an official function at their office with the Chief Guests Rajni Verma, and President of Freedom Movement



and gatherings from general public. They then started their Peace march taking rounds of Guru Tso at 11 AM and concluding at the main market. They organized candle light vigil in the evening.







March 22, 2018

Regional chapter Tso Pema celebrated world water day on 22nd March, 2018 by initiating a cleanup drive with local Indians at all areas of Tso pema. We are happy that around 300 people participated in this program

RTWA DALAHOUSIE

12th March, 2018



On 12th March 2018, RTWA Dalahousie marked 59th anniversary of Tibetan National uprising day and the function was held at their community hall. The Chief Guests were local assembly, freedom movement, umaylam, TYC and public. The main program started from 9:30 am ended at 3:00 pm. The Chief Guests talked about differences between Tibetan Women's Uprising day and women's day. The president read the official Women Uprising Day's statement and concluded the day by offering prayers for the thousands of Tibetan female martyrs who are killed by Chinese in the same day of





"LOVE AND COMPASSION ARE NECESSITIES NOT LUXURIES, WITH-OUT THEM HUMANITY CANNOT SURVIVE" HIS HOLINESS THE 14TH DALAI LAMA

RTWA HEBERTPUR



March 8, 2018

RTWA Hebertpur organized a prayer ritual for Pawo Tsekho la and Mrs. Tsering Dolma la (Gyathong Nyila), former president of TWA over an hour and collected mani and monlam at their community hall.





March 10, 2018

Hebertpur chapter marked the 59th Anniversary of Tibetan National Uprising Day at their Dhukukugaling hall. The main program started from 7 am and ended at 11am.



March 12, 2018

RTWA Hebertpur commemorated the 59th Tibetan Women's Uprising Day with DOON group of Regional Tibetan Women's Association.



RTWA BELGIUM



March 12, 2018

On 12th March 2018, RTWA Belgium organized an event to commemorate the Tibetan women's uprising day in Tibet. The function started at 11am with the National anthem, a 2 minutes silence was observed for the brave women, who gave up their lives for Tibet cause. The official statement from the Central TWA was read out in three languages. The statement was also distributed to passersby translated in French and Dutch.

Located at a central and strategic point, Europa Crosspoint, they



were able to reach out to a large variety of local and international audience to pass the message with pamphlets and banners displaying our demands and were able to raise awareness about the Tibet issue. The manifestation concluded at 16 pm with the national women's uprising song.



"TO CONQUER ONESELF IS A GREATER VICTORY THAN TO CONQUER THOUSANDS IN A BATTLE."

- DALAI LAMA

RTWA SHIMLA

March 8, 2018

RTWA Shimla offered prayers and butter lamp for late Mrs Tsering Dolma (Gyathong Nyila) former president of TWA and martyr Tsego la who set himself in fire for Tibet cause.





March 12, 2018

Regional chapter Shimla commemorated the 59thTibetan national women's Uprising day by organizing a candle light vigil in the evening with the presence of Chief Guests Mr V.S.Negi, President of ITFA and Mr Rakesh, President of Himalaya parivar joined by general public and students.





"I DEFEAT MY ENEMIES WHEN I MAKE THEM MY FRIENDS." DALAI LAMA

RTWA NEW YORK AND NEW JERSEY



December 2, 2017

RTWA NY&NJ Executive Members got a blessing from His Eminence Gyalwa Karmapa on Dec 2nd, 2017

December 3, 2017

A prayer session was held on Sunday, December 3rd for late martyr Tenga la who self immolated for the cause of Tibet.





December 25, 2017

RTWA NY&NJ has held a prayer session for the Martyr Kunpe La from Amdo Ngapa, who has self immolated for the cause of Tibet



January 6, 2018



Regional Tibetan Women's Association of New York and New Jersey has sent an appeal letter to Chinese government via Ambassador Mr. Cui Tiankai, Embassy of the Peo-

ple's Republic of China in the United States of America based in Washington DC and urged to release the Tibetan Language Right Activist Mr. Tashi Wangchuk immediately.

February 5 and 6, 2018

RTWA NY& NY has sent a letter to Mr. Paul T. Mungai, The Acting Executive Director of U.S. National Commission for UNESCO. They pleaded him to look into the matter relating to recent fire engulfed at Jokhang Temple in Tibet. They also urged him to send an investigation team to check the causes of that devastating damage done to our holiest temple.



March 5, 2018



RTWA NY&NJ Vice President Angie Choedon la and Public Relation Officer Nyima Bhuti la has attended the Tibet Lobby Day in DC. March 5th, 2018



March 10, 2018



RTWA NY&NJ commemorated the 59th Tibetan National Uprising Day at United Nations and Chinese Consulate, New York. They pleaded every individuals and organizations to kindly sent letter to UNESCO on this important matter.

March 12, 2018

RTWA NY&NJ marked the 59th Tibetan Women's Uprising day at the UN Plaza with the Chief Guest Mrs. Ngawang Sangdrol La, a longest female political prisoner ever.



RTWA JAMPALING



March 12, 2018

RTWA Jampaling marked the 59th Tibetan Women's Uprising day by offering sangsol followed by a program at their settlement

hall. The Chief Guest was local assembly and the Tibetan teacher school and both gave a very meaningful speech about Tibetan women's struggle, Tibet in the past and in exile. Their secretary read the statement sent by TWA central.



RTWA BIR



March 8, 2018

Rtwa Bir offered prayers and butter lamp for martyr Tsekho la, who self-immolated for the Tibet cause.

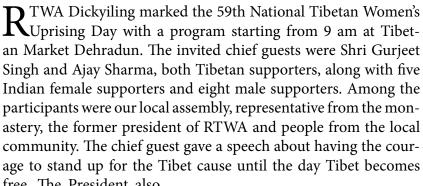
March 12, 2018

RTWA Bir commemorated 59th Tibetan National Women's Uprising day at their hall. Their president read the statement that has been send from Central TWA and we observed a moment of silence for those martyrs who set themselves in fire for Tibet cause. They then went to distribute the Statement around

They then went to distribute the Statement around Bejnath, Palampur and Chandra and went on to give awareness about what happened on 12th March, 1959 in Tibet.



RTWA DICKYILING



free. The President also read the 59th National Tibetan Women's Uprising Day statements issued by Central Tibetan Women's Association.

ANNIVERSARY OF THE TIBETAN WOMEN'S ATIONAL UPRISING DAY





"WHEN WE MEET REAL TRAGEDY IN LIFE, WE CAN REACT IN TWO WAYS-EITHER BY LOSING HOPE AND FALLING INTO SELF-DESTRUCTIVE HABITS, OR BY USING THE CHALLENGE TO FIND OUR INNER STRENGTH."

DALAI LAMA

SPECIAL THANKS

Tibetan Womens's Association Central would like to extent our sincere thanks to all the regional chapters and individual families who contibuted towards the statues of Green Tara which was requested by Tibetan Nun's project Dolmaling for presenting to the Geshemas and the Sponsors of the nuns.

Without your generous support, the Head Office wold not have made it such a great success.

Thank you once again!



